

## South Central Public Health Partnership TRAINING PROFESSIONALS TO PROTECT THE PUBLIC

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## **Community Health and Disease**

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## **Course Description**

The course will describe the biological processes underlying the most important causes of morbidity and mortality in the U.S. and connect these with community disease prevention/health promotion strategies. For each health problem, the course will review:

- the physiology and pathophysiology of the organ systems involved,
- individual- and population-level causes and behavioral determinants of disease,
- the patterns of disease occurrence in populations, and individual- and community-level strategies for prevention.

## **Learning Objectives**

- Describe the leading causes of potential life lost in the U.S.
- Describe the biologic mechanisms of diseases for these leading causes
- Describe individual-level behavioral risks for these diseases
- Identify population-level and environmental risks for these diseases
- Describe prevention strategies at the individual and community level, including policy and environmental strategies

Core Competencies for Public Health Professionals \*Council on Linkages between Academia and Public Health Practice

- 1A1: Identifies the health status of populations and their related determinants of health and illness
- 1A2: Describes the characteristics of a population-based health problem
- 6A5: Describes the scientific evidence related to a public health issue, concern, or, intervention

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