

## **Coaching and Mentoring: Learning with and from Others**

**Instructor:** Sheila W. Chauvin, Ph. D., M. Ed.

### **Course Description**

Learners participating in this web-based course will examine how individuals can purposefully learn with and from others. Within a conception of mentoring as a continuum of supportive relationships ranging from role modeling, coaching, advising, supervising, and mentoring, participants will examine and differentiate these types of learning activities, and in particular, coaching and mentoring relationships. Within the framework of the learning objectives and course modules listed below, learners will examine coaching and mentoring from a triad of perspectives: as a protégé, as a mentor, and in light of environmental features of their respective organizations. Learners will use a variety of information resources, worksheets, and tools to apply new learning to their own situations present and future.

### **Learning Objectives**

*By the completion of this course, learners will be able to:*

- differentiate role model, coach, advisor, supervisor, mentor
- reflect on personal needs and preferences
- enhance one's use of coaching and feedback
- enhance one's use of mentoring relationships
- explain each stage of the mentoring process
- appreciate the role of individual and organizational influences on mentoring

### **Core Competencies for Public Health Professionals** \**Council on Linkages between Academia and Public Health Practice*

- 3A6: Applies communication and group dynamic strategies in interactions with individuals and groups
- 8C6: Promotes mentoring, peer advising, coaching or other personal development opportunities for the public health workforce, including him or herself

*To register for this course visit us at*  
***<http://lms.southcentralpartnership.org>***